



## Golden Topaz

**Key Words** –Protection, manifestation, kindness, empathy, Divine will

**Chakra** – the 2nd (sacral) and 3rd (solar plexus), and 4th (throat)

**Element** – Fire

There are several colors of Topaz, and each has its own qualities. For the purpose of this description, only Golden Topaz will be discussed since it is the most common, and one most associate with the term Topaz.

This lovely, warm, golden gem has been prized for thousands of years, and has been used for a variety of purposes in different cultures. The Greeks thought it had the ability to increase one's power and even grant one invisibility. The Egyptians associated the Golden Topaz with the sun god Ra, and so it would be worn for protection. The Romans associated it with Jupiter, who was also connected to the sun.

Golden Topaz, whose name comes from the Sanskrit word "tapaz" meaning "fire", is found in Sri Lanka and Brazil.

I have worked with crystals and gemstones for a long time, but until recently I had never done anything with a Golden Topaz. I have admired them in catalogs or whatever, but just never bought one. It seemed there were always others that drew my attention more, and that I thought I needed more. But about a year ago, I was facing something in my life that was kicking my butt, and although I had made progress, I was not where I wanted to be. You know how sometimes you can have something going on in your life that may be a big thing or a little thing, but for you it is a major thing, and you just can't seem to find your way up and out of it. It's like that saying, "You can't see the forest for the trees." You are so involved in it that you have a hard time stepping back and seeing it from a different perspective.

A friend and I were chatting about various things when the discussion turned to what I was going through. I was amazed when she took out the pendant that was around her neck but under her blouse and showed me the lovely Topaz stone attached.

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I took a good look at it and something instantly clicked. The warmth of that stone, and the way the light played off it made me feel calm and relaxed. I expressed to her how I felt and that I needed to get one. She told me where she had gotten hers, and I immediately, and I mean right then, went online and ordered one via next day air. It truly helped me and I became my old self again. There are still moments when I need to cleanse my heart and my aura by shedding a few tears, but it's okay. That is a part of walking this human path, and I relish every part of it, but I know that my beautiful, loving, Golden Topaz will always be one of my most treasured gemstone friends. That's right, it is my friend.

## **Spiritual and Healing Qualities**

Golden Topaz is a powerful stone, and can be used in many beneficial ways. Physically, it can help detoxify your system, and improve the immune system. It helps the blood and lymph, and can help regenerate tissues. Because of the connection to the 2nd and 3rd chakras, it can help heal and improve the function of all the organs connected to those, such as the colon, bladder, kidneys, and gall bladder.

The golden light of the Christ Consciousness is embodied in this stone. We're talking about love, mercy, and forgiveness. Your heart will be opened and aligned with your crown chakra and the third eye, and your spiritual self will be expanded, and if you have been closing yourself off from your higher energies and not understanding your true essence, the golden light of this marvelous stone will help you. You will be able to empathize with those around you, and will be given the compassion to deal with them in a helpful, appropriate manner. You will be getting what you need in order to do all this, and in an abundant way. Use this golden beauty in your meditation and feel its energies expand the intensity of the meditation, and carry one in your pocket or on a pendant to keep the harmony and healing of the stone coming in continuously. If it is worn as a piece of jewelry, a pendant that falls near the heart is best, or if in a ring or bracelet, wear it on the left side of the body.

Golden Topaz has been said to help realign your sleep patterns and eliminate any negative dreams that you may have had with some sort of regularity.

## **Affirmation on Golden Topaz**

I open my heart to the Divine Consciousness and allow the alignment with my Higher Self. My intelligence and wisdom expands to let me know what I need to do to live according to my contract in this lifetime. My body, mind, and spirit are in alignment.