

Guide to Healing Uses of Crystals & Minerals



Addiction- Iolite, amethyst, hematite, blue chalcedony, staurolite.



Attraction – Lodestone, cinnabar, tangerine quartz, jasper, glass opal, silver topaz.



Connection with Animals – Leopard skin Jasper, Dalmatian jasper, silver topaz, green tourmaline, stilbite, rainforest jasper.



Calming – Aqua aura quartz, rose quartz, amazonite, blue lace agate, smokey quartz, snowflake obsidian, aqua blue obsidian, blue quartz, blizzard stone, blood stone, agate, amethyst, malachite, pink tourmaline, selenite, mangano calcite, aquamarine, blue kyanite, white howlite, magnesite, tiger eye, turquonite, tangerine quartz, jasper, bismuth, glass opal, blue onyx, larimar, charoite, leopard skin jasper, pink opal, lithium quartz, rutilated quartz, tiger iron.



Career Success – Aqua aura quartz, ametrine, bloodstone, carnelian, chrysoprase, cinnabar, citrine, green aventurine, fuchsite, green tourmaline, glass opal, silver topaz, tiger iron.



Communication – Apatite, aqua aura quartz, blizzard stone, blue calcite, blue kyanite, blue quartz, green quartz, larimar, moss agate, opalite, pink tourmaline, smokey quartz, silver topaz, septarian, rainforest jasper.



Creativity – Ametrine, azurite, agatized coral, chiastolite, chrysocolla, black amethyst, carnelian, fluorite, green aventurine, fire agate, moonstone, celestite, black obsidian, sodalite, cat's eye, larimar, rhodochrosite, magnesite, orange calcite, ruby, pink opal, blue chalcedony, abalone shell, silver topaz, green tourmaline, rainforest jasper, tiger iron, titanium quartz.



Decision Making – Azurite, ametrine, blue onyx, bronzite, desert rose, mahogany obsidian, mookaite, selenite.



Dreams – Blue goldstone, prehnite, jade, agate, malachite, blue kynite, turquonite, blue quartz, amethyst, blue chalcedony, ruby, pink opal.



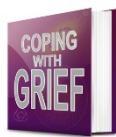
Energizing – Carnelian, citrine, crystal quartz, lava, goldstone, ruby, rutilated quartz, titanium quartz.



Fertility – Carnelian, chrysoprase, moonstone, rose quartz, tiger eye, ruby in zoisite, tangerine quartz, fire agate.



Focus and Clarity – Apophyllite, ametrine, black obsidian, dumortierite, hematite, rainforest jasper, tiger eye, blue calcite, blue sapphire, Dalmatian jasper, emerald, green aventurine, green fuchsite, lapis lazuli, selenite, titanium quartz, tiger iron.



Grief – Rose quartz, blue onyx, sugilite, amazonite, abalone.



Grounding – Blue aragonite, blue onyx, cat's eye, Dalmatian jasper, rhodonite, serpentine, smokey quartz, tiger iron, yellow obsidian, zebra jasper, titanium quartz.



Healing – Golden quartz, amber, crystal quartz, lithium quartz, chrysocolla, black amethyst, prehnite, snowflake obsidian, bloodstone, rainbow moonstone, green quartz, amethyst, angelite, azeztulite, lepidolite, blue kyanite, seraphinite, green fuchsite, shungite, silver topaz, green obsidian, calcite rhombus.



Love – Rose quartz, mangano calcite, rhodochrosite, amazonite, garnet, prehnite, rhodonite, jade, amethyst, emerald, yellow and green obsidian, bismuth, pink tourmaline, silver topaz, pink opal.



Luck – Tiger eye, sunstone, bloodstone, jade, green aventurine, cat's eye.



Manifesting – Cinnabar, rutilated quartz, lodestone, glass opal, silver topaz, smokey quartz, stilbite.



Meditation – Apophyllite, azeztulite, blue aragonite, black amethyst, calcite rhombus, desert rose, geodes, magnesite, glass opal, infinite, pink tourmaline, aqua aura quartz, serpentine, snowflake obsidian, tektite, Tibetan black quartz, turquonite, zebra jasper.



Motivation – Amethyst, ametrine, apatite, calcite rhombus, carnelian, chrysocolla, citrine, ruby, yellow calcite, mangano calcite, zebra jasper.



Organization – All jaspers, blue quartz, dumortierite, lepidolite.

*let your joy
rise to the
Surface.*

Positivity, Joy, Happiness – Citrine, calcite rhombus, chrysoprase, golden quartz, blue chalcedony, amethyst, dumortierite, goldstone, magnesite, malachite, peridot, rainbow moonstone, ruby in zoisite, smokey quartz, silver topaz, sugilite, titanium quartz.



Prosperity – Green aventurine, aqua aura quartz, bloodstone, jade, citrine, chrysoprase, black tourmaline, desert rose, glass opal, ruby, green tourmaline.



Protection – Black tourmaline, black onyx, goldstone, tiger eye, apache tear, hematite, moss agate, prehnite, jade, amethyst, green aventurine, moonstone, lapis lazuli, iron pyrite, malachite, jasper, jet, mookaite, all colors of obsidian, cat's eye, sardonyx, fulgurite, bronzite, Tibetan black quartz, fire agate, leopard skin jasper.



Psychic Abilities – Abalone, angelite, apache tear, apophyllite, apatite, auralite, azurite, blue kyanite, blue quartz, blue sapphire, chrysocolla, clear quartz, desert rose, emerald, glass opal, geodes, iolite, jet, labradorite, magnesite, pink tourmaline, aqua aura quartz, ruby in zoisite, staurolite, serpentine, tektite, silbite, titanium quartz.



Releasing Change – Black onyx, blizzard stone, charoite, chiastolite, citrine, desert rose, glass opal, iolite, infinite, jade, lava, labradorite, lepidolite, moss agate, peridot, seraphinite, tiger eye, unakite, sapphire, auralite, Tibetan quartz, jasper, bismuth, sugilite, rainforest jasper, golden quartz, rutilated quartz, agatized coral.



Self-confidence – Courage – Ruby, rose quartz, tiger eye, blue onyx, chrysocolla, citrine, glass opal, larimar, dumortierite, garnet, green quartz, hematite, lava, rhodonite, sunstone, sodalite, jade, black tourmaline, amber, yellow obsidian, magnesite, infinite, red aragonite, yellow calcite, mahogany obsidian, blue chalcedony, unakite, golden quartz, tiger iron.



Spirit Guides – Angelite, auralite, blue kyanite, calligraphy script stone, lemurian quartz, infinite, green tourmaline, aqua aura quartz, stilbite.



Weight loss – Apatite, ametrine, tangerine quartz, seraphinite, hematite.