



# Labradorite

**Key Words** – Protection, self-confidence, harmony, magic, inspiration

**Chakra** – All chakras from the 5th up (throat, third eye, crown) including the 8th (soul) and also the 1st (root)

**Element** – Some say it is Air, and some think it is Water—I think it is easily both.

Despite the magnificence of this stone, there is not very much published information about Labradorite, especially in the area of healing. It is basically more than one stone, a family of stones, if you will, each with variations in color and structure. Larvikite, Feldspar, Black Moonstone, Nuummite, and Albite are names associated with Labradorite. It is a type of translucent Feldspar but the various types display colors ranging from brown to yellow, blue, aqua and green.

Labradorite was first discovered on St. Paul Island in Labrador and later in Maine while archaeologists were searching for artifacts of the Red Painted People of Maine. Since then it has also been found in Madagascar, Russia, India, and Scandinavia.

Labradorite is one of those lesser-heard-about stones and even I had not worked with it at all until recently, but once I did I regretted not having done so earlier. I have done a great deal of spiritual and counseling work for most of my life, and this stone could have definitely helped me in those areas.

My life has taken several significant turns and one of the largest and most important is occurring as I write this and has been for a couple of years. About a year ago I read about the qualities of this wondrous stone after receiving a catalog of crystals and minerals and I knew I had to make a purchase. I bought a bracelet of Labradorite with some very small Amethyst beads as a decoration. I put it on and seriously, I felt a slight change immediately. I have not taken it off since, except to shower; and I have periodically looked back over the past few weeks and I could always clearly see how the bracelet helped in my endeavors. Everything I describe further down is what I have been and still am going through, and I am amazed at the power of the Labradorite. Its power is subtle but don't let that fool you. It is at work, even during times when you feel nothing. Appreciate this magnificent, magical, and healing stone, use it, and love it, but don't ever doubt the energy of a Labradorite.

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## Spiritual and Healing Qualities

If you are seeking clarity as to your purpose and mission in life and how to achieve personal fulfillment in all areas, then this is the stone for you. Are you anxious or depressed, or unsure of which direction to take in your life? Do you have insecurities you wish you could rid yourself of? Would you love to be able to communicate with your spirit guides or access past lives in order to get some pertinent information on what is going on in your life? Do you want clues about how to handle whatever it is you are going through? Then dear one, Labradorite is one of the best choices you can make.

Physically, it will assist with parts of the body connected to the upper chakras plus the root chakra, such as the throat, eyes, ears, brain, and bones. It can help boost your immune system and purify the blood. It is a wonderful stone to use in an elixir, and will help all areas of the body but obviously the digestive system will benefit the most. To cleanse it, place it in a container of purified water and place it in a place where it can get sunlight and moonlight for at least three days.

Labradorite will help you access your inner power and bring it to the surface. It is a magical stone that help with the development of your psychic abilities. It will help you if astral travel is something you want to do, or if you are involved in rites or rituals of some sort, or if you want to access not only your past lives but the Akashic records. And if you have a tendency to try to control others, then this stone will help regulate the negative energies that cause you to do that.

This stone can be used to protect your auric fields and can keep negative energies from entering. But if you are working with elementals, then you will be assisted in this, as well. It will ground you while helping to connect you to the higher energies. You'll discover worlds and beings you may not have been able to before, and you will see the signs, omens, and synchronicities in life that the universe gives to further guide us.

The human form does not come with a written instruction manual, and so we all have doubts and concerns about whether or not we are making the right decisions in our life. It is just a fact of life, and the one thing you can always count on to tell you if you are on the right path is your inner feeling of whether what you are doing is right, satisfying, and brings you true contentment and joy. If you feel all that way down deep, then you have the go-ahead to proceed. A Labradorite will help you understand those feelings and will help you get rid of the doubts and anxieties you have been feeling. You will be inspired to move forward and be able to actually become enthused about the whole process. You can give your fears and worries the boot and begin to become the person you want to be.

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## **Affirmation on Labradorite**

I am enthused and inspired about my life and I with every day I understand the direction my life should take. I open myself to all the magical areas of my life and feel the connection to other realms, dimensions, and my guides and angels.