



Moonstone

Key Words – Calmness, intuition, harmony, awareness

Chakra – the 2nd chakra (sacral), 4th chakra (heart), 6th chakra (third-eye)

Element – Water

Moonstones are a type of feldspar, and the most common variety is the milky-white one. There can be other colors, such as pink, yellow, black, and blue. The majority of them come from Tanzania, North America, India, Madagascar and Brazil, but the largest and most popular come from mines in Ceylon.

I love this receptive, feminine, magical stone. I have used it many times during rituals and every member of my group can attest to its abilities. I have a large one I wear around my neck and one in a ring and one on a rope that goes around my waist, which is a Rainbow Moonstone. When I appeal to “my lady of silver magick”, the Mother Goddess, I can feel Her energy flow through my beautiful gems and into me, as well as through the chakras. It is a major stone for psychic development and intuition, and as I lead the group in whatever we are doing, the assistance I get from this opalescent gem is greatly appreciated. Wearing the Moonstones while Drawing Down the Moon is a must. My Rainbow was actually gifted to me from the Goddess after I met Her halfway and we talked. She told me when I got back there would be a gift for me and there was...the Moonstone I had been wearing around my waist had been a plain Moonstone, but I was surprised and delighted to see that it had become a Rainbow Moonstone. It took me a while to believe it. There are many stones, gems, minerals, etc. that I love and adore and work with, but there is, for me, only one stone that touches my heart in a way that no other can, and it is my magickal Rainbow Moonstone.

Spiritual and Healing Qualities

Physically, Moonstones deal with anything female at any stage of her life—Maiden, Mother, and Crone. This covers the entire reproductive system and everything from puberty to childbirth, PMS, pregnancy, menstruation, cramps, menopause, breastfeeding, and sex. They will help with fluid retention and accompanying swelling. A Moonstone placed under your pillow or in your hand has been used to treat insomnia, and when used with an amethyst or a lapis, sleep will be deeper and dreams will be pleasant and possibly prophetic.

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Today's world is filled with stresses our parents never imagined, and the moonstone is a wonderful choice for helping to calm us down, and soothe our fragile nerves, and balance our hormones. Also, anyone who works in a stressful job or comes into contact with those who are dealing with major issues and especially if we are the ones dealing with them or they are coming to us for help, then a Moonstone would be one of the gems to keep with you during those times.

As stated above, it is one of the stones that will help with psychic abilities, and regular use of one can give an increase in the gift of prophecy. If you are a seeker of the truth and spiritual wisdom, Moonstone will help by opening up the subconscious so that whatever you have way down deep that needs to be brought to the surface and dealt with will be, and then allowing you to understand the mysteries of life from a more wise and loving perspective.

If you wish to develop your clairvoyance or any of the other "clairs", or if you wish to meet your guides or angels, or if you give readings or do any form of divination, a Moonstone should be in your bag of tools. Working with one during the waning moon would be the best time for that, but if you want to attract a love, you would be better to do that during the waxing moon when its power is increasing.

Moonstone is harmonious, balancing, and nurturing and will bring out the creative side of you, and can bring out some beautiful examples of self-expression. If you are writing a book or wanting to paint a picture or redecorating your house or office, you will need the creativity a Moonstone can provide.

As a child, I used to look at the moon and I would talk to Her, and even make a wish, but I learned that sometimes the moon would give me what I needed, not necessarily what I wanted, and I would come to find out later that that is exactly what happens. So when you use a Moonstone or wish on the moon, be prepared for a possible emotional trip, and for getting what you need, even if it's not what you asked for.

Affirmation on the Moonstone

I now embrace all the calming qualities of water and let them flow over and through me, easing my stress and soothing my mind and heart. I am awakening to the good in my life and I open my heart to receive and give love on a greater level. Harmony surrounds me and I am at peace.