



Opal (Precious White)

Key Words –Purification, inspiration, cleansing, healing, manifestation

Chakra – All

Element – Water

Opals, especially the precious white variety are some truly lovely stones, and have always been very popular in jewelry items, but I had never had a desire to own one. I'm not sure why, but I always tended to lean toward colored stones or clear crystals. When I decided to do a piece on Opals, I had to go to a friend and borrow one so I would have some experience with it. I had her cleanse it first and leave it exposed to moonlight (made sense) overnight.

My initial sense was that this stone embodied purity and higher energies, but the iridescent colors within were a bonus of fire and cleansing and manifestation. I could see this easily becoming an item someone would want to have with them most of the time. It could obviously bring luck to the wearer and would work on practically every chakra, every aura layer, and every body part. No wonder the word "precious" was attached to this type of Opal. I had been dealing with an issue that was making me sad, and as I carried the Opal with me in my pocket that day, I noticed the sadness seemed to be stronger and I dismissed it at first but later I realized it had to do with my newly acquired gemstone. But on the positive side, I sensed that the stone was just amplifying what I was already feeling, not creating those feelings, and as I pondered on this for a while, I gained some insight into the situation that was very beneficial.

That evening I cleansed it so I could give it back to its owner, but I had decided that I needed to think about purchasing one sometime soon, and use it in my healings. It has to be awesome as an adjunct to other healing modalities and other healing stones.

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Opals come in many colors, and the various types can be found in Mexico, Africa, Brazil, the United States and the Czech Republic, but the majority of the white, which is the subject of this article, is found in Australia. Opal is hardened silica gel and contains from 5 to 20% water, which means that it could become dried out and even crack if not cared

for. They are formed by filling the cavities in sedimentary rocks or in the veins of igneous rocks, or by replacing organic material in fossils, wood, or bone. There are two main types—the precious Opal which contains lovely iridescent bursts of color, and the common Opal which is more opaque and has little to no iridescence.

Spiritual and Healing Qualities

Physically, it can help regulate hormones or bodily fluids such as lymph or fluids in the brain. It is beneficial for the spine and most organs. Since all chakras will benefit from this gemstone, most parts of the body will be able to make use of the energies of the precious White Opal

One thing you need to understand about Opals is their ability to intensify and magnify whatever feelings and vibrations you have, so that can be great if you're coming from a point of love or happiness, but not so good if you are negative. The intensity of the results may not be easily handled, so if you are depressed or angry or are coming from some other negative place, you probably want to avoid Opals. They might even produce dreams that are intense and emotional. But if you think you can handle the vibes, and if there is good chances you can better learn what is going on inside you and make some necessary changes, then go for it. Clearing out negative patterns is one of the truly wonderful things this Opal can do, and it does it very well.

A precious White Opal can help you appreciate what blessings you have in your life and if needed, give you back your will to live or your desire to live your life to the fullest.

This gemstone is used in protections during astral travel and other psychic activities and can be useful in contacting angels or guides. If you are being taken through a past life regression, this is a stone you want to have with you. Since it will intensify any other stone you use with it, pairing it with a Kunzite will give you the calm needed for these activities and will greater facilitate connecting to Divine love. Pairing it with a Citrine may help if you are working on abundance issues, for example. It's a marvelous gemstone to use anytime you need to increase the energy of another stone.

Affirmation on Opal (White)

I allow that which no longer serves me to be cleansed and eliminated. I am inspired to be an example of Divine love.

Note: The opinions expressed here are strictly those of the author and in no way should be taken as medical advice. Please consult you doctor for any and all physical issues.