



Rosophia

Key Words –Love, calmness, soothing, awakening, the Divine, transmutation, self-healing, the love of Sophia

Chakra – 4th (heart)

Element – Earth

Rosophia is a mixture of Feldspar, white Quartz, and bits of biotite. The name means “Rose of Sophia” which means the “Heart of Wisdom”. It is mined in the Rocky Mountains of the United States, and I have to say that I love that fact! Yay, USA. The crystal part of it has a hexagonal crystal system and the Feldspar has a monoclinic crystal system.

I had wanted to write about this stone for a while, but I don’t own one and I had had no personal experience with it. So I went to a friend who is a crystal and mineral nut also, and asked if per chance they had one in their possession, and fortunately for me, the answer was yes. I say fortunately for more than one reason. I acquired a stone I could work with enough to be able to write my article, and this was a wonderful thing. But greater than that was my experience during the time I spent with the Rosophia.

The first thing I did after I got home and took it out of its drawstring bag was to hold it to my heart since it is a heart chakra stone, but I was not prepared for my reaction to it. As soon as I did that, I felt the tears beginning to well up in my eyes along with the most powerful feeling of being loved and nurtured—one that literally brought me to my knees. I cried because of the love I was feeling, the love I knew many others are not feeling, the pain and suffering on this planet, the Divine love that is available to them if they would but understand, the beauty of this glorious planet and the privilege of being one of its caretakers, and the joy and responsibility of having one foot on Earth and one in the other realms. I wanted to laugh and cry at the same time. The emotion was overwhelming.

I reclined on the love seat, holding the Rosophia, this blessed stone, to my chest, and asked the Mother for a message. With all that I was feeling, and having it come so quickly, I felt there was something She was trying to tell me but my brain and my heart were on overdrive at that time and I wasn’t picking up anything in particular.

Rosophia

I closed my eyes and saw a lovely meadow with trees and flowers and a little cottage to the side that was a shiny gold with a red door. As I walked the path to it, I could smell sage surrounding me, which I loved not only for the fragrance but for its ability to cleanse away the negative. When I entered the cottage, the Goddess was there, ethereal in form and with swirling colors of all sorts of pastels...yellow, pink, blue, peach, lavender. I approached her and she hugged me and gave me a box made of pearly material, and told me that at some point in my life I would need what was inside that box, and when I felt the time was right I should open it and retrieve what is inside. I have yet to open the box but I know that when the time is right, it will be apparent to me, and that whatever is inside that lovely box will be exactly what I need. My dear Mother Goddess has always been there for me and I know she always will be.

Spiritual and Healing Qualities

This is one of the stones of the heart chakra and every aspect of what that means. Its energies move in and around one's heart and bring feelings of calm and love, almost as though you were getting a warm embrace from your Mother who is there for you at all times. She cares for you and will never let you down, and the wonderful thing is that every person on the planet can say the same thing. It's nice to carry such a stone with you when going through a difficult time so that when you feel particularly down, you can hold the stone in your hand and remember that the energy of the Divine Feminine/Goddess is always at your disposal. There is no need to be fearful of the world, and you will understand the quote from A Course in Miracles: "Nothing real can be threatened. Nothing unreal exists."

Rosophia will help calm the emotions and the mind, and thus can help relieve stress, which will reduce the production of cortisol in your system. This will aid every organ in the body. Since it has a heart chakra connection, any ailment or condition concerned with the heart and lungs will receive benefit. It is also a wonderful stone to have if your body has turned on itself and you are suffering from an autoimmune disease. If you sleep with one under your pillow, it will bring a more restful sleep and one free of nightmares.

This is one of the stones with which you will want to come into contact on a frequent basis. The more you do, the more open your heart will be to Universal love and you will experience a change in your attitude toward all living things, including the planet itself as well as your own entity.

Rosophia

Nothing will escape your new-found appreciation and compassion for All. An alchemy will take place internally, linking you to the energies of Sophia, the Divine Feminine. Your own self-worth will be strengthened, which will allow you to free yourself from old wounds from the past or past lives.

Affirmation on Rosophia

I allow the energies of the Divine Feminine to flow through me with ease and I become a living example to all around me of how it is to be one with them.

Note: The opinions expressed here are strictly those of the author and in no way should be taken as medical advice. Please consult your doctor for any and all physical issues.

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